

James H. Gruft, M.D.

Physician – Key Note Speaker/Lecturer – Author

GOT PAIN?

“Most pain sufferers simply don’t understand the root causes of their pain, nor how to treat it. Pain is multi-dimensional and should be treated accordingly. I find that a person suffering from disabling chronic pain must be concurrently treated physically, psychologically and emotionally, or the treatment will fail.”

One of the most published and forward thinking pain management specialists, Dr. James Gruft is the author of “From Pain to Wellness: Getting Help and Finding Freedom From Chronic Pain,” available at Amazon.com.

James H. Gruft, M.D.

Founder and director of
From Pain to Wellness, LLC

**Oakbrook Terrace Health Center
One Trans Am Plaza, Suite 100
Oakbrook Terrace, Illinois
60181-4822**

For booking lectures
and media interviews,
please e-mail:
docjhg@comcast.net

Phone: **630-627-7500**

www.FromPainToWellness.com

Fax: **630-627-7502**